

THE APPLICATION

I-58 – Week 3
January 15, 2023

KEY SCRIPTURES

- [Isaiah 58](#)
- [Luke 6:37-38](#)
- [James 1:22-26](#)

KEY POINTS

- Fasting for your own abundance and feeding others is God's idea of fasting.
- Fasting in God's eyes is life changing, not only for you but for those in your sphere of influence.
- God lists several promises in this passage that are available to those who apply God's chosen fast.
- Blessings come when God's Word is both heard *and* applied.

DISCUSSION QUESTIONS

1. List the promises found in Isaiah 58.
2. Have you experienced any of these promises?
3. What have you heard or read that you have yet to apply?