HOPE

Faith, Hope, Love
December 14, 2025

KEY SCRIPTURE

- Luke 1:39–45
- Luke 1:78–79
- Romans 8:18–25
- Romans 5:1–5
- Lamentations 3:17–33

KEY POINTS

- Biblical hope is a confident expectation rooted in God, not circumstances.
- Hope is often born in seasons of suffering, waiting, and endurance.
- Depression can coexist with faith, and hope is often forged in that tension.
- Hope is sustained through community and shared faith, not isolation.
- Endurance shapes character, and character produces hope.
- Hope is not what we see, but what we hold onto while we wait.
- Jesus Himself is the anchor and fulfillment of our hope.

DISCUSSION

- How does Scripture define hope differently than how our culture uses the word?
- Why do you think God allows hope to be formed through suffering rather than comfort?
- How does the imagery of light breaking into darkness shape your understanding of hope?
- How does shared suffering with others deepen or reshape hope?
- In what ways does this sermon challenge common assumptions about depression and faith?
- Why is endurance essential to hope rather than a detour from it?
- How does anchoring hope in Christ differ from anchoring hope in outcomes or relief?
- What does it reveal about God that hope is described as something He gives, not something we manufacture?
- Depression is not meant to be carried alone. Consider sharing your struggle with someone you trust. You are not alone.